



AI-Anon Information Services

*Westchester and Putnam Counties of New York
Districts 24, 25, 26 and 27*

October 2017 Volume 2, Number 2

*"Participation
is the key to
harmony"*

AI-Anon
Information
Services

(914) 946-1748

info@westchesterputnamalanon.org

http://www.westchesterputnamalanon.org/

Please write articles or send letters that share AI-Anon ideas and approaches. Artwork and photos are also welcome – try to send us something that brings you serenity. Let us know if you would like to be part of the newsletter staff.

Contact us at: info@westchesterputnamalanon.org or (914) 946-1748

And check out the web site and meeting lists at: <http://www.westchesterputnamalanon.org/>

Meet your new AIS Trusted Servants

Lend your Talent and Time to AIS

Upcoming Meeting: December 4, 2017

As of our September meeting, we still needed a permanent Chairperson, a Web Site and an Outreach Coordinator. We have completed the conversion of the web site to easier to more user-friendly software which we hope will make it easier for less computer savvy folks to be part of the web team. We are also recruiting for membership on the web team; this is your chance to make sure it is designed for your needs. We also still need phone volunteers to man the call center. Send us an email or leave a phone message if you want to know more.



Contact us at: info@westchesterputnamalanon.org or (914) 946-1748

And check out the web site and meeting lists at:
<http://www.westchesterputnamalanon.org/>

The WSO's AI-Anon Membership Survey

Please help the WSO with the 2018 AI-Anon Membership Survey. The survey findings help the WSO's communication with professionals by providing data about AI-Anon that show improvements in our health and well-being.

The 2018 AI-Anon Membership Survey will be available online at:

www.al-anon.org/18membersurvey from January 10, 2018 to February 27, 2018. The WSO's AI-Anon Membership Survey is Conference Approved and has been conducted every three years since 1984. This is our twelfth study.

**MARK YOUR
CALENDAR!**
January 10 – February 27, 2018

Please plan to participate in the WSO's 2018 AI-Anon Membership Survey on any computer, mobile phone, or tablet with internet access

AI-Anon's Membership Survey is:

- Conference Approved
- Anonymous and confidential

The WSO's triennial survey is conducted to:

- Provide professionals with statistics about our program and how AI-Anon helps us to recover
- Encourage and increase professional referrals to our program

Where: WSO website, www.al-anon.org/18membersurvey



Members' participation in the survey is anonymous and confidential.

You can look at the results of the last survey at:

<https://al-anon.org/resources-for-professionals/membership-survey/>

The New York South Archives



One of the most important treasures of New York South is our archives. They are a representation of our history and what the past represents. Al-Anon has been around for a very long time and our archives show us how far we have come. They were displayed at the Discovery Convention so that everyone had a chance to experience a little bit of nostalgia.

Lois our founder, who lived in District 25, would be very happy to see that all her hard work has created such a fine organization which helps millions of people every day. The next time you see our archives displayed take a few moments to reflect on our past and know that each day more history is being made.

And let us congratulate the new archivist for the area, Paula, a member of Cortlandt Manor Thursday Afternoon AFG in district 26

News From The Districts

District 24 – Southern Westchester

This is an exciting time for District 24 as we make great strides in lower Westchester! We have two very exciting things happening. First, we ran our Fall Workshop entitled, “The Heart of our Recovery” on Saturday, September 16. This was an opportunity to learn and share what makes a group healthy and how recovery can work better for you and your group.

Second, District 24 proudly announces the opening of our District bank account! This has been no small accomplishment in the 21st Century. Unlike days gone by when one could walk into a bank and open an account for just about anything, this is not the case today. Opening our District account took a tremendous amount of time, effort and energy; and almost didn't happen! Today banks want all kinds of documentation before they will open an account under an organization's name. Namely, we needed to produce Articles of Organization (or Incorporation) under the State of New York. This became an obstacle for months because our District is not incorporated. Thankfully our program teaches us to do the footwork and to Keep An





Open Mind. That’s just what we did. Together with a little ingenuity and a whole lot of help from HP, we found success. Six banks refused before we finally found one that would open our account and they gave us one with no fees and no minimum balance! With a Post Office Box already in place, District 24 is now fully operational and able to receive group donations by mail! This will make a tremendous difference in our ability to serve our groups and the community of lower Westchester. We invite our groups to present this information at their next business meeting and to send their donations to: **Make checks payable to: District 24 AFG. Mail to: District 24 AFG, P.O. Box 441, Bronxville, NY 10708.**

Love in Service,
Sue V.
District 24 Rep

Feel free to attend our District meetings and be a part of our decision-making process. For your convenience, a meeting schedule is included below:

<u>District 24 – 2017 Remaining Meeting Date</u> Tuesday, November 14	7:30 p.m. at: St. Vincent’s Hospital 275 North Street Harrison, NY 10528
--	---

District 25/26 – Northern Westchester, East & West

District 25/26 invites you to a holiday workshop and potluck at The Counseling Center, 2000 Maple Hill Street, suite 11, Yorktown Heights, NY from 2-5 PM.

Taking Back The Holidays

Many of us struggle with unhealthy loved ones, estranged family and personal struggles during the holidays. Come join us for a workshop that will focus on recovery and share in our experience, strength and hope at AFG District 25 & 26’s Workshop and Holiday Meal. We will have speakers, food and maybe even a little fun and fellowship.

District 27 – Putnam

District 27 should be back as an active district shortly once they select the new DR. Watch for more in the next newsletter.



AIS Web Team

The AI-Anon Information Service of Westchester and Putnam Counties (AIS) is in need of a Website Coordinator! Among many things, AIS maintains our informational website at www.westchesterputnamalanon.org. Our website is used by members, newcomers and the community at large.



We have been assembling a web team and have had 2 meetings thus far, with the next one scheduled for November 2 at 7:15PM at Bob A’s house in Yorktown. So far, we have taught people how to maintain key elements of the web site that need frequent updating, for example, converting documents to PDF files that can be posted on the web – meeting list updates, anniversary flyers and other event flyers. Participants have seen how we update the anniversary and event calendars.

Future sessions will deal with all our ideas on how to make the web site friendlier for prospective members, newcomers, active members and professionals or students. And for those, who are comfortable with the web design process, we will explore how to deal with new design to make the web site more engaging and informative.

No experience necessary is necessary, and we need both computer savvy folk as well as those who are less comfortable. The less computer savvy folks will make sure that the choices we make suit everyone who comes to the web site regardless of computer skills.

And, we still really need a web coordinator to take charge of this process.



Al-Anon International Convention

The next convention is July 5-8, 2018 in Baltimore, just a few hour's drive from New York South. I plan to be there and hope many of you will join me. Go to <https://al-anon.org/al-anon-international-conventions/> to register. You can sign up for accommodations at the same time, or after you register. Once you register, you can also volunteer to help or to speak or to run a workshop.

Service Meeting Schedules

Westchester-Putnam AIS (Al-Anon Information Service Meetings):

For AGRs (Alternate Group Representatives)

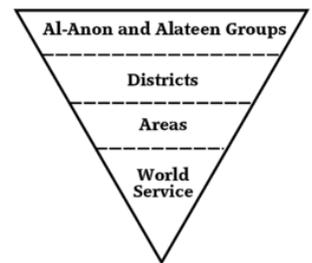
Monday evenings, 7:30 PM to 9:15 PM as below – all Al-Anon members are welcome

Date	Location
Monday, December 4	Emanuel Lutheran Church, 197 Manville Drive, Pleasantville, NY, 10570 [park in church lot, enter at street level to Pearson Hall]

New York South Area Assembly Meetings: For GRs (Group Representatives) – all Al-Anon members are welcome Saturdays or Sundays as below: 11:00 AM for GRs, 12:00PM to 4:00 PM for all others. Go to <http://www.al-anonny.org/memberssite/assemblymeeting.html>

To check out the dates and locations for 2018 meetings.

And, New York South runs the **Discovery** program each year, August 24-26 for 2018. (Moved from the usual July date so as not to conflict with the International Convention. Dianne, the newly appointed discovery convention coordinator for 2018 needs assistance filling the following positions co-chair, publicity, programming and raffles if anyone is interested contact or text her at 516-477-1703



Al-Anon Declaration

Let It Begin With Me

When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen
always be there, and *Let It Begin with Me.*

